

ABOUT

SLIM SEATS Fitness Furniture, is developed according to the latest inclusive design principles for outdoor furnishing without compromising on design qualities. KINETICS PLAY truly believes in making public space more attractive and accessible for all. Low-maintenance materials such as hairline stainless steel and high-quality balau wood ensures long lasting outdoor solutions.



Wellness is not only about staying in shape, but it's about achieving a state of physical, mental & spiritual well-being that allows you to reach your goals, stay healthy, and lead a more engaging, more satisfying, and more harmonious life.

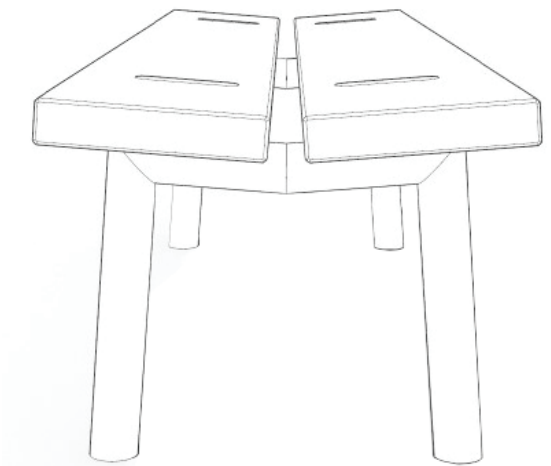
There is the awareness of health and wellness through the years, in creating well-designed, sustainable and community-centric public areas. With the ageing population, an inter-group study team led was formed to look into enhancing health and wellness aspects in planning, design and community programming.

slim seats



Outdoor Public Area

Indoor Sky Garden



To encourage residents to exercise, street furniture with exercise elements shall be introduced. This adds to the variety of seating, and caters to residents who may be looking to do simple exercises at non-dedicated fitness corners.

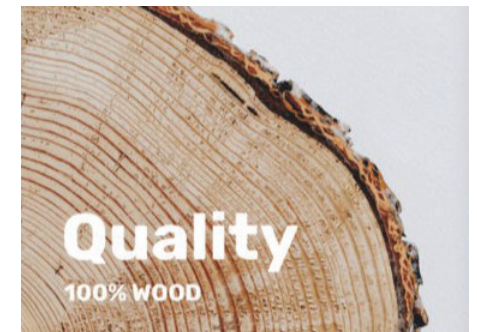
Street furniture with exercise elements shall be provided at landscaped alcoves and seating areas, such as sky gardens with no fitness facilities.

Material Used



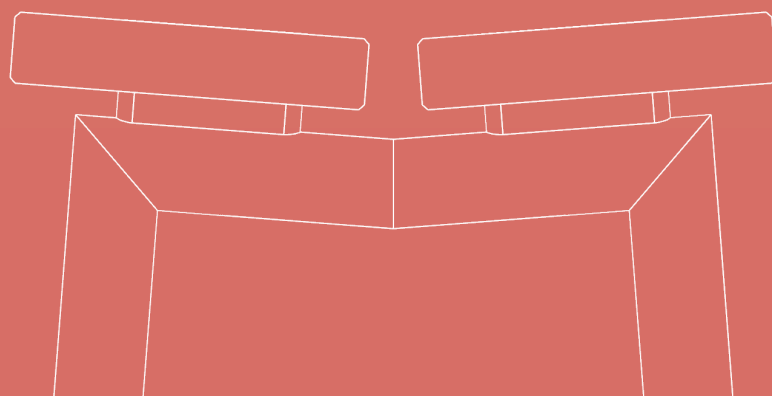
Premium Hairline Stainless Steel

Flush connection detail
Angled sturdy footing design



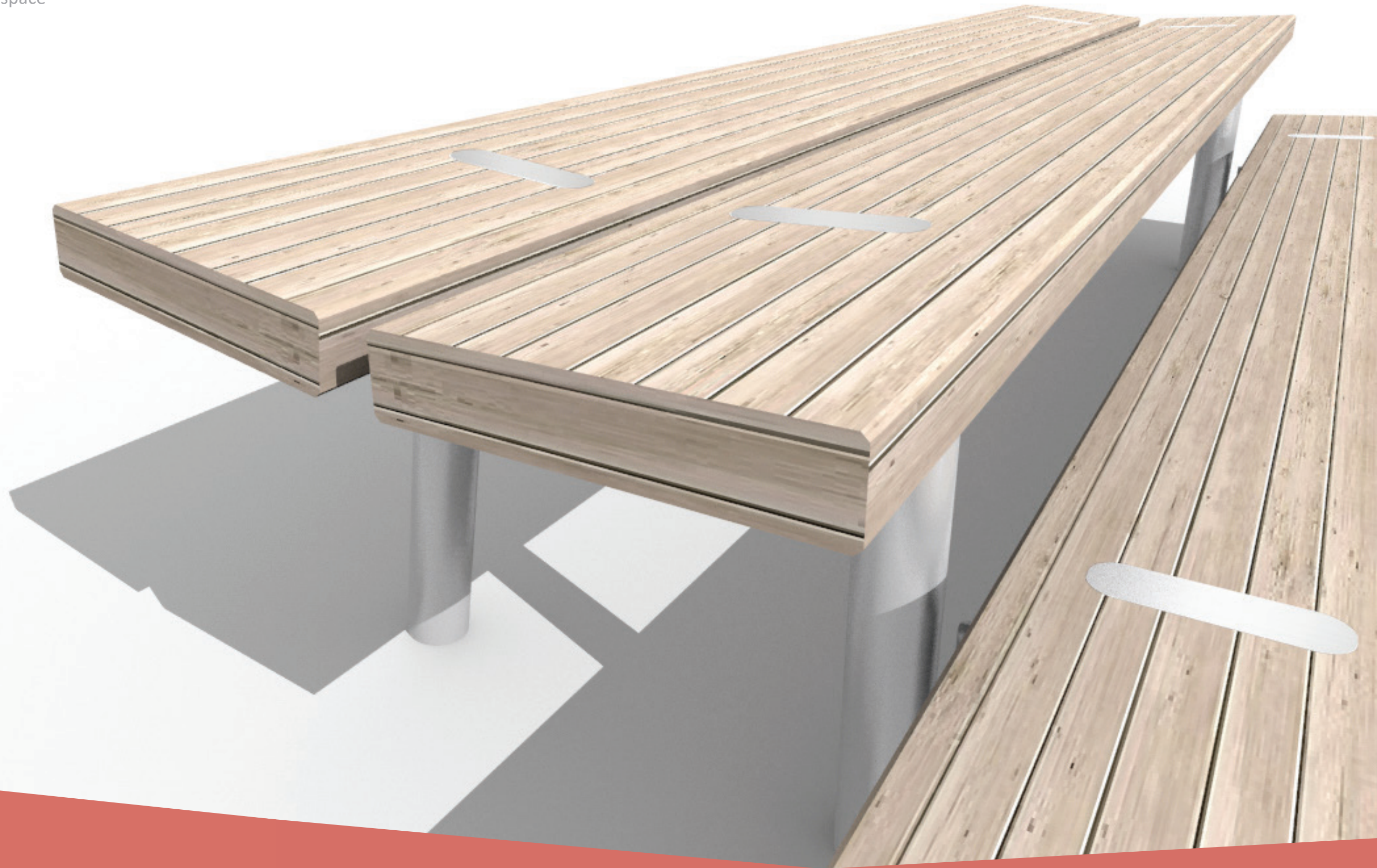
Weather Proof Balau Wood

Angled geometry for additional
comfort

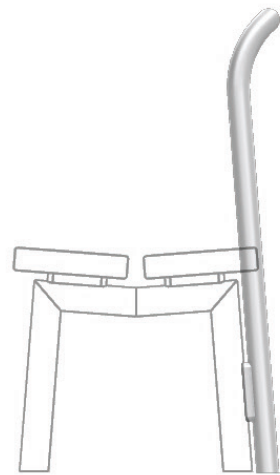


Modern & Minimal

Minimalistic furniture design with exercise elements which compliments any public space in modern lifestyle.

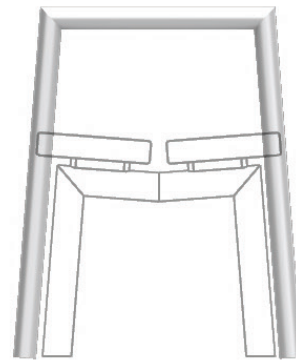


Slim Seats Fitness Furniture



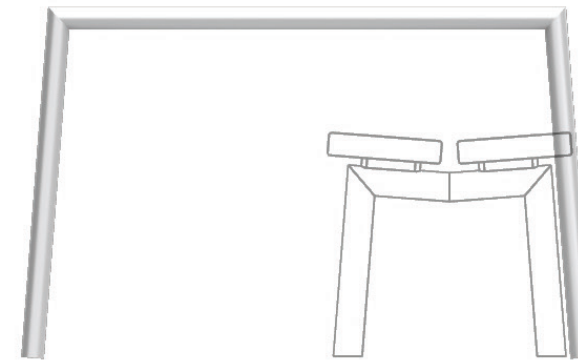
Back Stretch

It is designed for stretching exercises and is additionally suitable for training a range of different muscle groups.



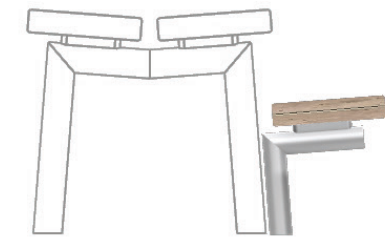
Feet Lock

It involves exercises that strengthen the hip flexors and abdominal muscles, as well as the quadratus lumborum muscle.



Feet Lock & Stretch Bar

Ideal for pre and post-work out stretching, leg stretch exercises targets the hip flexor, calves, hamstrings, thighs, and quadriceps. These exercises reduce the risk of injury and relieve muscle soreness.



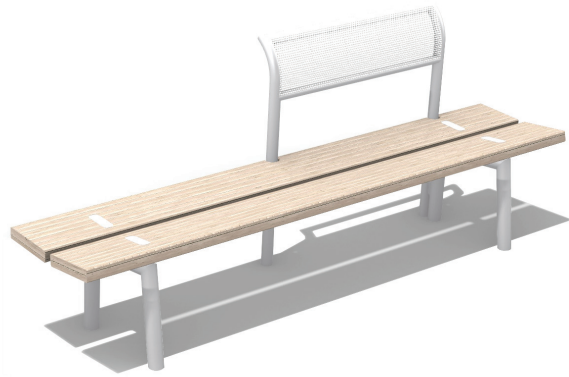
Step Up

It incorporating upper and lowerbody movements will improve balance and agility, and the constant push up onto the step will increase leg strength.

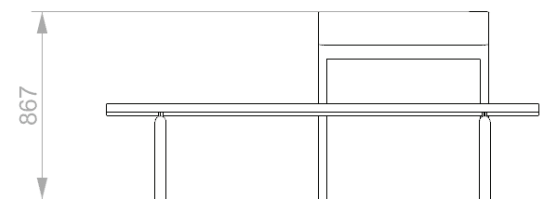
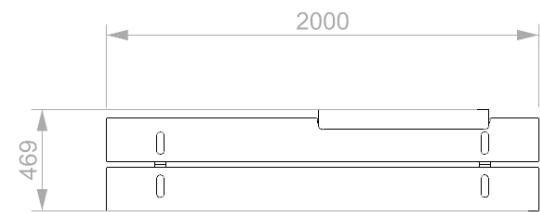


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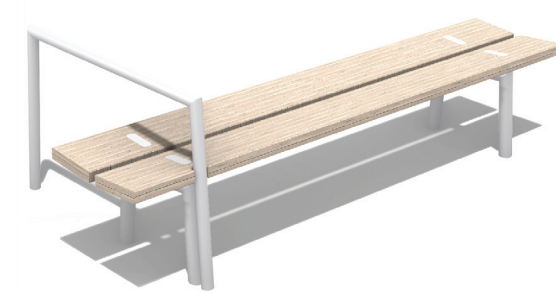
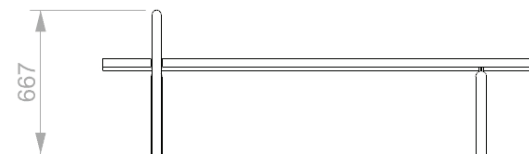
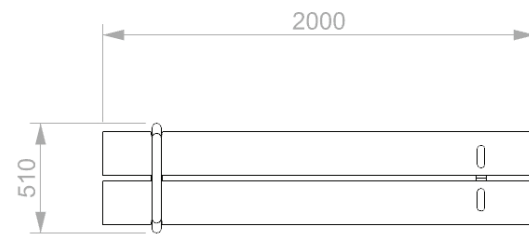
SLIM SEAT FITNESS FURNITURE



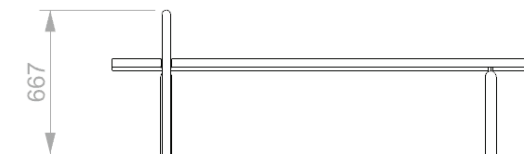
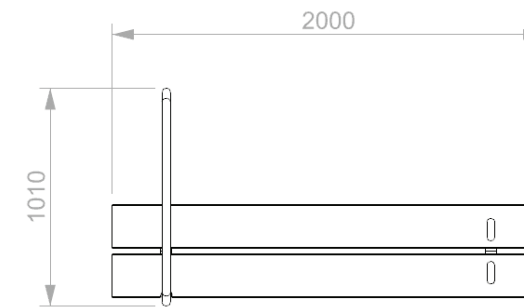
Slim Seat Back Stretch
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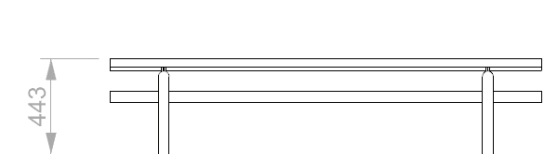
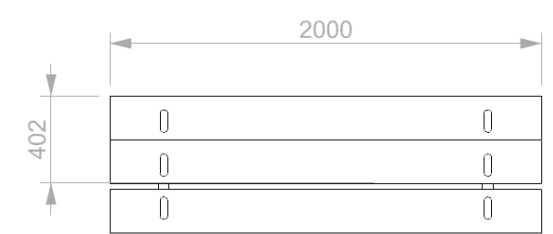
Slim Seat Feet Lock
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Slim Seat Feet Lock & Stretch Bar
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Slim Seat Step Up
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